EATING DISORDERS: A TRANSDICIPILINARY APPROACH TO UNDERSTANDING AND CARE

12th - 14th September 2019
Paris, France

PROGRAMME
THURSDAY 12th SEPTEMBER 2019
Venue: Salons de la Maison des Arts et Métiers - 9 bis, avenue d'Iéna, 75116 Paris

15:30 - 16:30
WELCOME AND REGISTRATION

16h30 - 17:00
Room: La Rochefoucauld
OPENING SESSION

17:00 - 18:30
Room: La Rochefoucauld
DEBATE #1
Chair: Hubert Lacey
London, United Kingdom
Anorexia nervosa is best considered and treated as an addictive disorder
Gerard Butcher (Dublin, Ireland)
Philip Gorwood (Paris, France)

18:30 - 20:00
Salons (1st floor)
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<td>08:00 - 09:00</td>
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<td>09:00 - 09:15</td>
<td>Amphitheater: Clémenceau  WELCOME ADDRESS</td>
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<td>09:15 - 10:30</td>
<td>Amphitheater: Clémenceau  PLENARY #1</td>
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<td>A Transdisciplinary Approach of Eating Disorders</td>
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<td>Nathalie Godart (Paris, France) Corinne Blanchet-Collet (Paris, France)</td>
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<td>10:30 - 11:00</td>
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<td>Foyer Clémenceau  POSTER PRESENTATION</td>
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<td>11:00 - 12:30</td>
<td>PARALLEL SESSIONS #1</td>
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<td>Chair: Yves Simon  Multi-Family Therapy</td>
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<td>§ A Multi-Family Therapy in Adolescent Anorexia Nervosa</td>
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<td>Yves Simon (Braine l'Alleud, Belgium)</td>
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<td>Solange Cook-Darzens (Paris, France)</td>
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- Multi family therapy for young adults with anorexia nervosa
  Ivan Eisler (London, United Kingdom)

- The use of non-violent resistance in the treatment of eating disorders
  Eline Smessaert (Leuven, Belgium)

- The development of multi-family therapy during 15 years: the Nordic experience
  Ulf Wallin (Lund, Sweden)

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Room: Medicis

**Symposium #2**

**Chair:** Andreas Stengel  
*Tuebingen, Germany*

**Somatic approaches**

- Management of osteoporosis in eating disorders
  Karine Briot (Paris, France)

- Dentistry and eating disorders: somatic and psychological impact
  Pierre Colon (Paris, France)

- Management of hypogonadism in eating disorders
  Natacha Germain (Saint-Étienne, France)

- Gastrointestinal disturbances in eating disorders
  Andreas Stengel (Tuebingen, Germany)

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Room: René Monory

**Workshop #1**

**The experience of integrating a systematized evaluation into the treatment of adolescents**

*(Province of Québec, Canada)*

Dominique Meilleur (Montréal, Canada)

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Room: A120

**Oral communications #1**

**Chair:** Anna Keski-Rahkonen  
*Helsinki, Finland*

**Symptomatology in different settings**

- Bulimic symptoms, body image, body size and sexual satisfaction among young adults
  Anna Keski-Rahkonen (Helsinki, Finland)
A comprehensive Danish nationwide study of mortality in psychiatrically treated eating disorders patients from 1970 to 2014, using a 1:4 matched comparison cohort
Søren Nielsen (Roskilde, Denmark), Janne Walløe Vilmar (Køge, Denmark)

Outcome and predictors at follow-up after inpatient treatment. A naturalistic study
Danielsen Marit (Levanger, Norway)

Increase in eating disorder symptomatology after three years of illness in anorexia but not bulimia nervosa
Paul Robinson (London, United Kingdom)

Eating disorders and the fashion industry: qualitative research among top models
Nikolett Bogár (Budapest, Hungary)

An interactive model of parental bonding, and symptomatic features in eating Disorders
Tamás Dömötör Szalai (Budapest, Hungary)

12:30 - 14:00
Room: René Coty
BUFFET LUNCH

Room: René Monory
Working Group “Creation of a European Directory of Care Facilities for Eating Disorders”

14:00 - 15:30
PARALLEL SESSIONS #2
Amphitheater: Clémenceau
Symposium #3
Chair: Rachel Bryant Waugh
London, United Kingdom
Eating disorders specificities in children & adolescents

Predictors of height prognosis in children with early-onset anorexia nervosa
Julia Clarke (Paris, France)

How to prevent relapse – day patient treatment and home treatment in childhood and adolescent anorexia nervosa
Beate Herpertz-Dahlmann (Aachen, Germany)
Management of growth failure and pubertal delay in children with anorexia nervosa
Juliane Léger (Paris, France)

Workshop #2
Cognitive remediation

Weight and eating disorders cognitive difficulties and treatment strategy
Sylvie Berthoz (Bordeaux & Paris, France), Gry Kjærsdam Telléus (Aalborg, Denmark), Kate Tchanturia (London, United Kingdom)

Workshop #3
Management of anorexia nervosa patients with extremely severe malnutrition in a transdisciplinary eating disorders inpatient unit
Mouna Hanachi, Nadja Kayser, Jean-Claude Melchior, Damien Ringuenet (Villejuif, France)

Oral communications #2
Evaluation of eating disorders, outcome and treatments

- Eating disorder questionnaires short forms: a comparison
  Paulo Machado (Braga, Portugal)

- Does self-esteem play a role of mediator between anorexia nervosa symptomatology and quality of life: a matched control study
  Jeanne Duclos (Villeneuve d’Ascq, France)

- Family based treatment: the importance of parents in the treatment of their child with an eating disorder
  Marie Jeanne Schier (Zeist, Netherlands)
• An overview of conceptualizations of eating disorder recovery, recent findings, and future directions
  Jan Alexander de Vos (Amsterdam, Netherlands)

• Experience of consultation liaison addictology in an endocrinology unit in Nantes teaching hospital
  Bruno Rocher (Nantes, France)

• Caregiver skills in eating disorders in Catalonia: concordance between caregivers in attitudes and behavior
  Cristina Vintró-Alcaraz (L'Hospitalet de Llobregat, Spain)

15:30 - 16:00
Room: René Coty

COFFEE BREAK

Foyer Clémenceau

POSTER PRESENTATION

16:00 - 17:00
Amphitheater: Clémenceau

PLENARY #2

Eating disorders and new technologies
Fernando Fernandez-Aranda (Hospitalet de Llobregat, Spain)

19:00 - 23:00
Salons de Boffrand

GALA DINNER

⚠️ Entry by 15 ter rue de Vaugirard, before 19:30!
SATURDAY 14th SEPTEMBER 2019
Venue: Faculté de médecine "Les Cordeliers" - 15 rue de l’École de Médecine, 75006 Paris

08:00 - 09:00
Hall 21
Room: Marie Curie
WELCOME AND REGISTRATION
COFFEE

09:00 - 10:30
PARALLEL SESSIONS #3
Amphitheater: Farabeuf
Chair: Sébastien Guillaume, Montpellier, France
Oral communications #3
Treatment

- A discussion of a completed RCT study comparing cognitive behavior therapy and psychodynamic therapy for bulimia nervosa
  Susanne Lunn (Copenhagen, Denmark)

- Mentalizing milieus - implementing mentalization-based therapy in a specialist inpatient unit for severe eating disorders
  Tove Skarboe (Bodø, Norway)

- Internal language enhancement therapy (ilet) and anabrexia – the concrete mindset of unprocessed separation, individuation and identity: a case study
  Barbara Pearlman (Exeter, United Kingdom)

- Steps towards personalized treatments for eating disorders: identifying general trajectories of change in psychopathology and well-being using a latent growth mixture model
  Jan Alexander de Vos (Amsterdam, Netherlands)

- Stay calm and be balanced: equanimity and eating disorders
  Catherine Juneau (Clermont-Ferrand, France)
Oral communications #4

Chair: Mouna Hanachi

Villejuif, France

**Somatic and transdisciplinary**

- Innovation and collaboration in Ireland: a transdisciplinary approach in action
  Harriet Parsons (Dublin, Ireland)

- Is there need for oral preventive concepts among patients with anorexia nervosa?
  Elzbieta Paszynska (Poznan, Poland)

- Electrocardiogram abnormalities in 50% of inpatients with anorexia nervosa
  Tatiana Bernard (London, United Kingdom)

- Clinical evidence in the initial management of adolescents admitted with severe anorexia nervosa
  Stéphanie Proulx-Cabana (Montréal, Canada)

- Definition and management of severe and enduring eating disorders across the UK
  Melanie Bruneau (Cambridge - United Kingdom)

- BMI is predicted using the situpsquatstand (SUSS) test and hand grip strength
  Paul Robinson (London, United Kingdom)

Oral communications #5

Chair: Daniel Stein

Tel Hashomer, Israel

**Patient caregiver and treatment team**

- Moving with eating disorders: the patients’ perspective
  Benedicte Harila Walle (Oslo, Norway)

- “I would have preferred her to have cancer, at least there was a secure route to care” - Caregiver’s experiences of eating disorder treatment and the implications
  Paul Robinson (London, United Kingdom)
• Workplace wellbeing of staff working on eating disorder units
  Trine Wiig Hage (Oslo, Norway)

• Physical exercise and dietary therapy—a new and promising treatment for patients with bulimia nervosa and binge eating disorders
  Maria Bakland (Tromsø, Norway)

• Treating ultra-orthodox young women with eating disorders in Israel: culturally-sensitive interventions, difficulties, and dilemmas
  Yael Latzer (Haifa, Israel)

• Electroconvulsive therapy in the management of anorexia nervosa with comorbid treatment-resistant depression
  Daniel Stein (Tel Hashomer, Israel)

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Room: Déjerine

Oral communications #6

Brain and cognition

• Autobiographical memory and anorexia nervosa in a longitudinal perspective
  Elena Tenconi (Padova, Italy)

• Subcortical and cerebellar volumetric differences in children at high-risk for eating disorders
  Manuela Barona (London, United Kingdom)

• Regulation of emotion and food craving in patients with anorexia nervosa: clinical and neurocognitive features
  Giulia Testa (Barcelona, Spain)

• Starving the way out of emotions: eating restraint as a maladaptive emotion regulation strategy in eating disorders and the role of transdiagnostic processes maintaining the cycle
  Tania Rodrigues (Braga, Portugal)
- Food-related attentional bias in eating disorders: differences between clinical Subgroups
  Paolo Meneguzzo (Padova, Italy)

- Anorexia nervosa and bipolar disorders spectrum comorbidity: prevalence, clinical links and clinic severity profiles
  Leslie Radon (Paris, France)

10:30 - 11:00
Room: Marie Curie
Cloister

COFFEE BREAK

11:00 - 12:30
Amphitheater: Farabeuf

DEBATE #2
Chair: Gerard Butcher
Dublin, Ireland

Care or cure: it’s more important to pursue quality of life than recovery in eating disorders
Nikolett Bogár (Budapest, Hungary)
Chloé Rackow (Paris, France)

12:30 - 13:15
Amphitheater: Farabeuf

BUSINESS MEETING AND CLOSING

13:15 - 14:30
Room: Marie Curie

BUFFET LUNCH
VENUES

THURSDAY 12th SEPTEMBER 2019

Salons de la Maison des Arts et Métiers

Address:
9 bis, Avenue d'Iéna
75116 Paris

Nearest Metro station:
IÉNA (line 9)

FRIDAY 13th SEPTEMBER 2019

Palais du Luxembourg

Address:
15, rue de Vaugirard
75006 Paris

Nearest Metro station:
ODÉON (lines 4 and 10)
Nearest RER station:
LUXEMBOURG (line B)

SATURDAY 14th SEPTEMBER 2019

Faculté de médecine "Les Cordeliers"
Université Sorbonne-Paris-Descartes

Address:
15, rue de l'École de Médecine
75006 Paris

Nearest Metro station:
ODÉON (lines 4 and 10)
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