

ECED

European Council on Eating Disorders

PARIS 2019

12th-14th September



www.ecedparis2019.com

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EATING DISORDERS: A TRANSDISCIPLINARY APPROACH TO UNDERSTANDING AND CARE

12th - 14th September 2019
Paris, France

PROGRAMME

London (1989) - Leuven (1991) - Prague (1993) - Dublin (1995) - Padova (1997) - Stockholm (1999) - Barcelona (2001) - Budapest (2003) - Innsbruck (2005) - Porto (2007) - London (2009) - Florence (2011) - Oslo (2013) - Heidelberg (2015) - Vilnius (2017)

THURSDAY 12th SEPTEMBER 2019

Venue: Salons de la Maison des Arts et Métiers - 9 bis, avenue d'Iéna, 75116 Paris

15:30 - 16:30

WELCOME AND REGISTRATION

16h30 - 17:00

Room: La Rochefoucauld

OPENING SESSION

17:00 - 18:30

Room: La Rochefoucauld

DEBATE #1

Chair: Hubert Lacey
London, United Kingdom

Anorexia nervosa is best considered and treated as an addictive disorder

Gerard Butcher (Dublin, Ireland)
Philip Gorwood (Paris, France)

18:30 - 20:00

Salons (1st floor)

COCKTAIL

FRIDAY 13th SEPTEMBER 2019

Venue: Palais du Luxembourg - 15 rue de Vaugirard, 75006 Paris

08:00 - 09:00

REGISTRATION

09:00 - 09:15

Amphitheater: Clémenceau

WELCOME ADDRESS

09:15 - 10:30

Amphitheater: Clémenceau

PLENARY #1

A Transdisciplinary Approach of Eating Disorders

Nathalie Godart (Paris, France)

Corinne Blanchet-Collet (Paris, France)

10:30 - 11:00

Room: René Coty

COFFEE BREAK

Foyer Clémenceau

POSTER PRESENTATION

11:00 - 12:30

PARALLEL SESSIONS #1

Amphitheater: Clémenceau

Symposium #1

Chair: Yves Simon

Braine l'Alleud, Belgium

Multi-Family Therapy

- A Multi-Family Therapy in Adolescent Anorexia Nervosa
Yves Simon (Braine l'Alleud, Belgium)
- Multifamily therapy (MFT) in the treatment of eating disorders (ED): A review of existing models and their effectiveness (The use of non-violent resistance in the treatment of eating disorders)
Solange Cook-Darzens (Paris, France)

- Multi family therapy for young adults with anorexia nervosa
Ivan Eisler (London, United Kingdom)
 - The use of non-violent resistance in the treatment of eating disorders
Eline Smessaert (Leuven, Belgium)
 - The development of multi-family therapy during 15 years: the Nordic experience
Ulf Wallin (Lund, Sweden)
-

Room: Medicis

Chair: Andreas Stengel
Tuebingen, Germany

Symposium #2

Somatic approaches

- Management of osteoporosis in eating disorders
Karine Briot (Paris, France)
 - Dentistry and eating disorders: somatic and psychological impact
Pierre Colon (Paris, France)
 - Management of hypogonadism in eating disorders
Natacha Germain (Saint-Étienne, France)
 - Gastrointestinal disturbances in eating disorders
Andreas Stengel (Tuebingen, Germany)
-

Room: René Monory

Workshop #1

The experience of integrating a systematized evaluation into the treatment of adolescents
(Province of Québec, Canada)
Dominique Meilleur (Montréal, Canada)

Room: A120

Chair: Anna Keski-Rahkonen
Helsinki, Finland

Oral communications #1

Symptomatology in different settings

- Bulimic symptoms, body image, body size and sexual satisfaction among young adults
Anna Keski-Rahkonen (Helsinki, Finland)

- A comprehensive Danish nationwide study of mortality in psychiatrically treated eating disorders patients from 1970 to 2014, using a 1:4 matched comparison cohort
Søren Nielsen (Roskilde, Denmark), Janne Walløe Vilmar (Køge, Denmark)
- Outcome and predictors at follow-up after inpatient treatment. A naturalistic study
Danielsen Marit (Levanger, Norway)
- Increase in eating disorder symptomatology after three years of illness in anorexia but not bulimia nervosa
Paul Robinson (London, United Kingdom)
- Eating disorders and the fashion industry: qualitative research among top models
Nikolett Bogár (Budapest, Hungary)
- An interactive model of parental bonding, and symptomatic features in eating Disorders
Tamás Dömötör Szalai (Budapest, Hungary)

12:30 - 14:00

Room: René Coty

BUFFET LUNCH

Room: René Monory

Working Group “Creation of a European Directory of Care Facilities for Eating Disorders”

14:00 - 15:30

PARALLEL SESSIONS #2

Amphitheater: Clémenceau

Symposium #3

Chair: Rachel Bryant Waugh
London, United Kingdom

Eating disorders specificities in children & adolescents

- Predictors of height prognosis in children with early-onset anorexia nervosa
Julia Clarke (Paris, France)
- How to prevent relapse – day patient treatment and home treatment in childhood and adolescent anorexia nervosa
Beate Herpertz-Dahlmann (Aachen, Germany)

- Management of growth failure and pubertal delay in children with anorexia nervosa
Juliane Léger (Paris, France)
-

Room: Medicis

Workshop #2

Cognitive remediation

Weight and eating disorders cognitive difficulties and treatment strategy

Sylvie Berthoz (Bordeaux & Paris, France), Gry Kjærdsdam Telléus (Aalborg, Denmark), Kate Tchanturia (London, United Kingdom)

Room: René Monory

Workshop #3

Management of anorexia nervosa patients with extremely severe malnutrition in a transdisciplinary eating disorders inpatient unit

Mouna Hanachi, Nadja Kayser, Jean-Claude Melchior, Damien Ringuenet (Villejuif, France)

Room: A67

Oral communications #2

Chair: Paulo Machado
Braga, Portugal

Evaluation of eating disorders, outcome and treatments

- Eating disorder questionnaires short forms: a comparison
Paulo Machado (Braga, Portugal)
- Does self-esteem play a role of mediator between anorexia nervosa symptomatology and quality of life: a matched control study
Jeanne Duclos (Villeneuve d'Ascq, France)
- Family based treatment: the importance of parents in the treatment of their child with an eating disorder
Marie Jeanne Schier (Zeist, Netherlands)

- An overview of conceptualizations of eating disorder recovery, recent findings, and future directions
Jan Alexander de Vos (Amsterdam, Netherlands)
- Experience of consultation liaison addictology in an endocrinology unit in Nantes teaching hospital
Bruno Rocher (Nantes, France)
- Caregiver skills in eating disorders in Catalonia: concordance between caregivers in attitudes and behavior
Cristina Vintró-Alcaraz (L'Hospitalet de Llobregat, Spain)

15:30 - 16:00

Room: René Coty

COFFEE BREAK

Foyer Clémenceau

POSTER PRESENTATION

16:00 - 17:00

Amphitheater: Clémenceau

PLENARY #2

Eating disorders and new technologies

Fernando Fernandez-Aranda (Hospitalet de Llobregat, Spain)

19:00 - 23:00

Salons de Boffrand

GALA DINNER

⚠ Entry by 15 ter rue de Vaugirard, before 19:30 !

SATURDAY 14th SEPTEMBER 2019

Venue: Faculté de médecine "Les Cordeliers" - 15 rue de l'École de Médecine, 75006 Paris

08:00 - 09:00

Hall 21

WELCOME AND REGISTRATION

Room: Marie Curie

COFFEE

09:00 - 10:30

PARALLEL SESSIONS #3

Amphitheater: Farabeuf

Oral communications #3

Chair: Sébastien Guillaume
Montpellier, France

Treatment

- A discussion of a completed RCT study comparing cognitive behavior therapy and psychodynamic therapy for bulimia nervosa
Susanne Lunn (Copenhagen, Denmark)
- Mentalizing milieus - implementing mentalization-based therapy in a specialist inpatient unit for severe eating disorders
Tove Skarboe (Bodø, Norway)
- Internal language enhancement therapy (ilet) and anabrexia – the concrete mindset of unprocessed separation, individuation and identity: a case study
Barbara Pearlman (Exeter, United Kingdom)
- Steps towards personalized treatments for eating disorders: identifying general trajectories of change in psychopathology and well-being using a latent growth mixture model
Jan Alexander de Vos (Amsterdam, Netherlands)
- Stay calm and be balanced: equanimity and eating disorders
Catherine Juneau (Clermont-Ferrand, France)

Amphitheater: Bilsky Pasquier **Oral communications #4**

Chair: Mouna Hanachi
Villejuif, France

Somatic and transdisciplinary

- **Innovation and collaboration in Ireland: a transdisciplinary approach in action**
Harriet Parsons (Dublin, Ireland)
- **Is there need for oral preventive concepts among patients with anorexia nervosa?**
Elzbieta Paszynska (Poznan, Poland)
- **Electrocardiogram abnormalities in 50% of inpatients with anorexia nervosa**
Tatiana Bernard (London, United Kingdom)
- **Clinical evidence in the initial management of adolescents admitted with severe anorexia nervosa**
Stéphanie Proulx-Cabana (Montréal, Canada)
- **Definition and management of severe and enduring eating disorders across the UK**
Melanie Bruneau (Cambridge - United Kingdom)
- **BMI is predicted using the situpsquatstand (SUSS) test and hand grip strength**
Paul Robinson (London, United Kingdom)

Amphitheater: Gustave Roussy **Oral communications #5**

Chair: Daniel Stein
Tel Hashomer, Israel

Patient caregiver and treatment team

- **Moving with eating disorders: the patients' perspective**
Benedicte Harila Walle (Oslo, Norway)
- **"I would have preferred her to have cancer, at least there was a secure route to care" - Caregiver's experiences of eating disorder treatment and the implications**
Paul Robinson (London, United Kingdom)

- **Workplace wellbeing of staff working on eating disorder units**
Trine Wiig Hage (Oslo, Norway)
 - **Physical exercise and dietary therapy—a new and promising treatment for patients with bulimia nervosa and binge eating disorders**
Maria Bakland (Tromsø, Norway)
 - **Treating ultra-orthodox young women with eating disorders in Israel: culturally-sensitive interventions, difficulties, and dilemmas**
Yael Latzer (Haifa, Israel)
 - **Electroconvulsive therapy in the management of anorexia nervosa with comorbid treatment-resistant depression**
Daniel Stein (Tel Hashomer, Israel)
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Room: Déjerine

Chair: Angela Favaro
Padova, Italy

Oral communications #6

Brain and cognition

- **Autobiographical memory and anorexia nervosa in a longitudinal perspective**
Elena Tenconi (Padova, Italy)
- **Subcortical and cerebellar volumetric differences in children at high-risk for eating disorders**
Manuela Barona (London, United Kingdom)
- **Regulation of emotion and food craving in patients with anorexia nervosa: clinical and neurocognitive features**
Giulia Testa (Barcelona, Spain)
- **Starving the way out of emotions: eating restraint as a maladaptive emotion regulation strategy in eating disorders and the role of transdiagnostic processes maintaining the cycle**
Tania Rodrigues (Braga, Portugal)

- Food-related attentional bias in eating disorders: differences between clinical Subgroups
Paolo Meneguzzo (Padova, Italy)
- Anorexia nervosa and bipolar disorders spectrum comorbidity: prevalence, clinical links and clinic severity profils
Leslie Radon (Paris, France)

10:30 - 11:00

Room: Marie Curie

COFFEE BREAK

Cloister

POSTER PRESENTATION

11:00 - 12:30

Amphitheater: Farabeuf

DEBATE #2

Chair: Gerard Butcher
Dublin, Ireland

Care or cure: it's more important to pursue quality of life than recovery in eating disorders

Nikolett Bogár (Budapest, Hungary)

Chloe Rackow (Paris, France)

12:30 - 13:15

Amphitheater: Farabeuf

BUSINESS MEETING AND CLOSING

13:15 - 14:30

Room: Marie Curie

BUFFET LUNCH

VENUES

THURSDAY 12th SEPTEMBER 2019

Salons de la Maison des Arts et Métiers

Address:

9 bis, Avenue d'Iéna
75116 Paris

Nearest Metro station:
IÉNA (line 9)



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FRIDAY 13th SEPTEMBER 2019

Palais du Luxembourg

Address:

15, rue de Vaugirard
75006 Paris

Nearest Metro station:
ODÉON (lines 4 and 10)

Nearest RER station:
LUXEMBOURG (line B)

SATURDAY 14th SEPTEMBER 2019

Faculté de médecine "Les Cordeliers" Université Sorbonne-Paris-Descartes

Address:

15, rue de l'École de Médecine
75006 Paris

Nearest Metro station:
ODÉON (lines 4 and 10)



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VANDERLINDEN	Johan	Leuven	Belgium
WALLIN	Ulf	Lund	Sweden

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GODART	Nathalie	Paris	France
GORWOOD	Philip	Paris	France
GUILLAUME	Sébastien	Montpellier	France
LACEY	Hubert	London	United Kingdom
LASCAR-BORROMÉE	Julien	Paris	France
RACKOW	Chloe	Paris	France
SAHUC	Nicolas	Montpellier	France

THE COMMITTEE

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REMY	Brigitte	Paris	France
SALANDINI	Sophie	Paris	France
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VIGNAU	Jean	Lille	France

